

# **NATIONAL EDUCATION POLICY-2020**

**Common Minimum Syllabus for all  
Uttarakhand State Universities and Colleges for  
First Three Years of Higher Education**

**PROPOSED CO-CURRICULAR SYLLABUS  
VIVEKANANDA STUDIES  
2021**

## Curriculum Design Committee, Uttarakhand

Sr.No.	Name & Designation
1.	Prof. N.K. Joshi Vice-Chancellor , Kumaun University Nainital Chairman
2.	Prof. O.P.S. Negi Vice-Chancellor , Uttarakhand Open University Member
3.	Prof. P. P. Dhyani Vice-Chancellor , Sri Dev Suman Uttarakhand University Member
4.	Prof. N.S. Bhandari Vice-Chancellor, Soban Singh Jeena University Almora Member
5.	Prof. Surekha Dangwal Vice-Chancellor, Doon University, Dehradun Member
6.	Prof. M.S.M. Rawat Advisor, Rashtriya Uchchar Shiksha Abhiyan, Uttarakhand Member
7.	Prof. K. D. Purohit Advisor, Rashtriya Uchchar Shiksha Abhiyan, Uttarakhand Member

## EXPERT COMMITTEE

S.N.	Name	Designation	Department	Affiliation
1.	Prof. Devi Prasad Tripathi	Vice-Chancellor Uttarakhand Sanskrit University, Haridwar		
2.	Prof. P.C. Kavidayal	Director, Sir J.C Bose Campus, Bhimtal	Management	Kumaun University, Nainital
3.	Prof Rajeev Upadhyay	Director IQAC	Geology	Kumaun University, Nainital
4.	Prof Atul Joshi	Head/ Dean	Commerce	Kumaun University, Nainital
5.	Prof Divya Upadhyay	Director	UGC HRDC	Kumaun University, Nainital
6.	Dr Bhaskar Chaudhary	Assistant Professor	Education	SSJ University, Almora
7.	Dr Ashutosh Bhatt	Assistant Professor	Computer Science	UOU
8.	Dr Jitendra Pandey	Assistant Professor	Computer Science	UOU
9.	Dr. Mahendra Rana	Assistant Professor	Pharmaceutical Sciences	Kumaun University, Nainital
10.	Dr. Nandan Singh Bisht	Assistant Professor	Economics	Kumaun University, Nainital
11.	Dr. Ritesh Sah	Assistant Director	UGC-HRDC	Kumaun University, Nainital
12.	Dr. Sparsh Bhatt	Assistant Professor	Statistics	Kumaun University, Nainital

## SYLLABUS PREPARATION COMMITTEE

S.N	Name	Designation	Department	Affiliation
1.	Prof. Devi Prasad Tripathi	Vice-Chancellor Uttarakhand Sanskrit University, Haridwar		
2.	Prof Rajeev Upadhyay	Professor	Geology	Kumaun University, Nainital
3.	Prof. Jaya Tewari	Head	Sanskrit	Kumaun University, Nainital
4.	Dr. Lajja Bhatt	Assistant Professor	Sanskrit	Kumaun University, Nainital
5.	Dr. Mahendra Rana	Assistant Professor	Pharmaceutical Sciences	Kumaun University, Nainital
6.	Dr. Nandan Singh Bisht	Assistant Professor	Economics	Kumaun University, Nainital
7.	Dr. Reetesh Sah	Assistant Director	UGC-HRDC	Kumaun University, Nainital
8.	Dr. Sparsh Bhatt	Assistant Professor	Statistics	Kumaun University, Nainital
9.	Dr. Deepakshi Joshi	Assistant Professor	Law	Kumaun University, Nainital
10.	Dr Ashutosh Kumar Bhatt	Assistant Professor	Computer Science	Uttarakhand Open University, Haldwani
11.	Dr Manish Tripathi	Assistant Professor		S.S.J Campus, S.S. J University, Almora
12.	Dr. Jetendra Pnde	Assistant Professor	Computer Science	Uttarakhand Open University, Haldwani
13.	Dr. Bhaskar Chudhary	Assistant Professor	Education	S.S.J Campus, S.S. J University, Almora
14.	Dr. Archana Sah Negi	Assistant Professor	Pharmaceutical Sciences	Kumaun University, Nainital
15.	Dr. Pradeep Kumar	Teaching Personnel	Sanskrit	Kumaun University, Nainital

<b>VIVEKANANDA STUDIES</b>		
<b>Programme: Under Graduation</b>		<b>Year:3</b>
		<b>Semester: 6</b>
<b>Subject: Co-curricular Course</b>		
<b>CourseCode: CCS 09</b>	<b>Course Title: Vivekananda Studies</b>	
<b>Learning Outcomes</b> <ol style="list-style-type: none"> <li>1. To acquaint students with the eternal values of Indian culture as lived and propagated by Swami Vivekananda</li> <li>2. To apprise students with the basic philosophy, path breaking ideas and discussions of human upliftment as envisioned in the writings and works of Swami Vivekananda.</li> <li>3. To build a strong foundation of Vedantic philosophy, with a special focus on Practical Vedanta of SwamiVivekananda.</li> <li>4. To highlight the significance of our traditional values for generating peace, universal love, acceptance, tolerance, and harmony in our real life.</li> <li>5. To sensitize students to the values of service, sacrifice, self-control, selflessness, and moral courage and highlight the significance of character building and spirituality in their self-development.</li> </ol>		
<b>Credits: Nil</b>		<b>Core Compulsory</b>
<b>Max. Marks: 100</b>		<b>Min. Passing Marks:40</b>
<b>Total No. of Lectures-Tutorials-Practical (in hours per week): 4-0-0</b>		
<b>Unit</b>	<b>Topic</b>	<b>No. of Lectures</b>
<b>Unit I</b>	Life of Swami Vivekananda - as a boy and as a wandering monk Sri Ramakrishna and his impact on SwamiVivekananda	<b>07</b>
<b>Unit II</b>	Parliament of religions; his travels in India and abroad, his return and activities for National regeneration. Vivekananda and ContemporaryIndia	<b>07</b>
<b>Unit III</b>	An introduction to the System ofVedanta, Introduction to Vivekachudamani and Advaita Vedanta Vivekananda's PracticalVedanta.	<b>06</b>
<b>Unit IV</b>	Vivekananda and Yogic Methods: Raj yoga, Bhakti Yoga, Karma Yoga and JnanaYoga Harmony between Education, Science and differentReligions	<b>04</b>
<b>Unit V</b>	Swami Vivekananda's views on: Caste, Society,Politics , Art , Literature and Man-making Education The Message of Swami Vivekananda for the upliftment of masses, women andyouth. Vivekananda in Uttarakhand	<b>06</b>

**Suggested Reading:**

1. Rolland, R. (2001). Life of Ramakrishna.Kolkata:AdvaitaAshrama.
2. Godman, D. (1985). Be as You Are: The teachings of Sri Raman Maharishi.Delhi: Penguin Books.

3. Gambhirananda, S. (2004).Ma Sri Sarada Devi. Calcutta: AdvaitaAshrama.
4. Pandit , M. P. (1959).The Teachings of Sri Aurobindo. Kolkata: Sri AurobindoStudy Circle.
5. Further Readings
6. Mukerjee, B. (1997).Life and Teachings of Sri Ma Anandamayi, Sri SatguruPublication, Division of Indian Books Centre, Delhi, 1997.
7. Purnatmananda, S. (Ed.) &Gupta, M. S. (tr.). (2004)Reminiscences of SriSarada Devi Compiled in Bengali. Kolkata: AdvaitaAshrama.
8. Osborne, A. (2002).The teachings of Raman Maharshi in His own words.Tiruvannamalai : Sri Ramanasram.
9. Berger, Douglas L. (2005). "The Vivekacudamani of Sankaracarya Bhagavatpada: An Introduction and Translation (review)". *Philosophy East and West*. 55 (4): 616–619. doi:10.1353/pew.2005.0032. S2CID 144412379.
10. Sri Sankara’s Vivekachudamani, Achyarya Pranipata Chaitanya (Translator) and Satinder Dhiman, Tiruchengode Chinmaya Mission, Tamil Nadu (2011)
11. Govind Chandra Pande (1994). Life and Thought of Śaṅkarācārya. *Motilal Banarsidass*. pp. 117–119. ISBN 978-81-208-1104-1.
12. Sri Chandrashe hara Bharati of Sringeri (1973). Sri Samkara's Vivekacudamani. *Mumbai: Bharatiya Vidya Bhavan*. p. xxi.
13. D. Datta (1888), Moksha, or the Vedāntic Release, *Journal of the Royal Asiatic Society of Great Britain and Ireland, New Series*, Vol. 20, No. 4 (Oct., 1888), pp. 513-539;

**Suggested Online Link:** None

**Suggested equivalent online courses:** None

**This course can be opted as a co-curricular course by the students of following subjects:**

B.A.  
 B. Com  
 B.B.A  
 B.Sc.  
 B.F.A  
 B. Lib  
 B.A.LL.B. (Hons)  
 B.A.LL. B  
 B.B.A.LL.B.  
 B. Pharm

**Suggested Continuous Evaluation (25 Marks):**

Internal Assessment	Marks	External Assessment	Marks
Midterm Test	10	Written Examination	75
Assignment	5		
Presentation	5		
Attendance & class performance	5		

**Course Prerequisites:**

No pre-requisite required, open to all.